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The Newsletter of the Burwood District Bowls Club

From the President's Desk

The new season is almost upon us. How many shopping days to Christmas? Momentum is mounting as we head into these last few weeks to **Opening Night**, which is set for **Friday 31 August**. Put it in your diary now. We will have several guests from our supporting sponsor group, hopefully local State Member, Graeme Watt, who is such a fan of our Club over time, and again hopefully Kelly O'Dwyer, the local Federal Member.

A fine, lively opening with strong attendance will provide exactly the kick-start we are looking for to this new season. So plan to be there **and do everything you can to bring a guest or two**. Details of times and associated matters are provided elsewhere.

Your Board is very conscious of the challenges we face as a club to set BDBC on clear path to a vibrant future. Among the several actions we have underway, we see bringing new members to the Club as a capital letter priority. I can tell you there are right now, potential new members looking closely at us as their bowling home for the future. How exciting is that? So what might make their decision clear and simple? We have the facility. We have great surrounds. We have the resources. So what else do we need?

We need as a club to make each and every one who walks through our front gate delighted they did so. We need to be happily welcoming. A friendly greeting and self-introduction is ideal. We need to be Inclusive in our demeanour. Each of us can and should immediately take the role of host; ensuring

new members as well as visitors feel totally at home when they are among us. In short we can and should give them every reason to want to return and to be glad they did so. It would be wonderful if Burwood District BC had **THE** name for friendliness and warmth of welcome. That is my challenge for us all.

We have adopted a new initiative in this search for new members. We are conscious that there are populations in our community that do not play bowls or at least among which few people do so. An outreach is being made to one such community with very encouraging progress. We had the pleasure of hosting one member of that community to our indoor bowls evening last Monday. Our hope and wish is that he returns to the next evening bringing friends from that community. This initiative offers rich potential for bringing new energy to the organisation. If we all work at it the results will come.

Remember my challenge and wish. Be the best member you can be.

Michael Chittenden

2018-19 Board of Management

President:	<i>Michael Chittenden</i>
Vice-President:	<i>Stephen Creek</i>
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Dates to Remember

All of the following will have relevant information on the noticeboard.

Important dates

Sunday 12/26 August: Whole Club training- 1.30-3.30pm

Friday 31 August: Official Green Opening and Sponsors Night, 5:30pm

Saturday 1 September: Intra-club practice and General Meeting

Tuesday 4/11/18 September: Pennant Practice, TBA

Saturday 8 September: Practice match@ Blackburn Bowls Club

Saturday 15/22/29 September: Pennant Practice, TBA

Tuesday 25 September: ROUND 1 of Midweek Pennant

Thursday 4 October: Traditional Team Meeting/Pie night with guest speaker, starting at

Saturday 6 October: ROUND 1 of Saturday Pennant

Winter Saturday Roasts

Our final winter roast lunch is on the 18th of August. If you want a great meal and a catch-up please contact Jen Morley.

Southern Indoor Finals

Well done to our Southern Indoor team has finished on top of their section. They now look to finals, which commence on Monday the 20th of August. If you are available it is worth going to support them.
Go `Woods!

Club WORKING BEE

The Club working bee will take place on Saturday August 25th. This is in preparation for the Opening of the Green the following week there will be a working bee to make the Clubrooms spic-and-span. All are welcome!

Opening and Sponsors Night

The official Opening of the Green and Sponsors night is scheduled for Friday the 31st of August. Come and enjoy a drink, catch-up with your fellow club mates, and welcome our sponsors for 2018/19.

Please plan to be there **and do everything you can to bring a guest or two.**

Indoor Bowls

The final Indoor bowls session for this winter will take place on Monday September the 3rd. Cost is \$5 and rollup commences at 7pm All are welcome. If you are interested please contact Sue Collins.

Woolworths BBQ

Date is still TBC. We are now looking for a date later in the year or early next year. We'll keep you posted on dates. This has been a consistent fundraiser for us in the winter and with 90 minutes shifts it's a pretty relaxed gig.

Southern Indoor Results

Round 14- 18/7/2018			V Sandham	
Neilsen G	Hendry M	Peisley S	Sodaitis G	23 - 5
Nicoll S	Ferguson J	Hodgens N	Morley R	23 - 11
			Draw	31 - 31

Round 15 - 25/7/2018			V Beaumaris	
Neilsen G	Hendry M	Peisley S	Sodaitis G	16 - 12
Robinson M	Collins S	Hodgens N	Morley R	19 - 12
			WIN	35 - 24

Round 16 - 1/8/2018			V Sandham	
Neilsen G	Ferguson J	Chittenden M	Sodaitis	23 - 5
Robinson M	Collins S	Hodgens N	Morley R	23 - 11
			WIN	46 - 16

Thanks to all those who have paid this year's subs, it is really appreciated by the board. Any payment of outstanding subs would be greatly appreciated by the board.

Coaching Corner

Bowls Fitness

The new bowls season is approaching quickly and before we know it, we will be on the greens. When I was a much younger bowler (just a few days ago) and was an aspiring player looking for greater glory, I would be out running the blocks in June, July and August and doing my physical exercises to ensure my fitness and endurance were at their best for top play on an everyday basis.

Ho-Hum, that was then and this is now. However even though I'm now older and the competitive senses are not what they once were, I still walk at least 3km daily (maybe 13 when I play golf) on a non bowls day and do my stretching, to ensure that a days bowls can be achieved without duress.

It is now more than time for each of us to consider and implement both how and whether we can put in a day at bowls giving both our best and endurance, for ourselves, our team mates and the club.

So I suggest each of us, sit quietly for a moment and consider when and how we will commence the necessary strength training we require ensuring our fitness for the coming bowls season. I have already commenced, and the walking and stretching exercises are going well, to ensure that not only do I enjoy bowling, but that I will be at my best for my club mates.

Good luck and embrace the chilly morning walks.

Barrie Jackett

Our website has now been updated and given a new look.

Please go and check it out and tell us what you think.

It can be found at: <http://www.burwooddistrict.com.au>