



# Okupu

The Newsletter of the Burwood District Bowls Club

## ***From the President's Desk***

The turnout at the Club for Saturday's working bee was just wonderful. Thank you so much all those who came along and got right into the task of preparing the facility for the Opening events of the coming weekend.

One cannot help but feel so proud of the whole place as one enters through the gate. Is there any club anywhere that has such pleasing visual appeal? Jenkins / Burgess gardening team, you have the external environment looking as well as I can remember in my nearly 40 years at Burwood. After Saturday morning's attack, we now have a shiny, squeaky clean club house as well. Guests and visitors to the Club over Friday night and Saturday cannot be other than impressed and delighted.

To other matters:

By now you should have two letters from me. I trust you have read them both closely. Their theme has been well established in my previous OKUPU articles. This is a year like no other in the history of our Club. Never before have we needed such commitment from you all to the challenge of invigorating our beloved BDBC, of understanding that what we achieve this year will be critical in determining our future. I understand well that each of us has our own capacities; each of us has other calls on our time. But there are perhaps certain actions we all can undertake. In particular I ask you to consider these.

The creative draw structure that you now know about has great potential to build after-game social interaction across the Club if we will grasp the opportunity it offers. Plan to gather in the clubhouse

after pennant on home days, share chat and banter and stories of the day's play, join in celebrating victories and good performances. We might even have some fun with the wrong bias bowlers!

Do your best to return to the clubhouse after away matches as well. The more we gather together the more energy and club spirit we will engender. Yes, I understand there are other time demands but even a half hour together will do marvelous things for the Club.

Perhaps the single urgent need we have is to increase more than marginally the number of people using the facility. We all have friends and neighbours. Why not invite them to the club for after pennant social conviviality? Who knows? Once they get to know us, become accustomed to the place, they might just try the game itself. I'm sure there can be great reward for a little effort. Again, be the best member you can be. Roll up your sleeves and be part of the effort to ensure we have a strong future.

*President Mike*

## ***2018-19 Board of Management***

<b>President:</b>	<i>Michael Chittenden</i>
<b>Vice-President:</b>	<i>Stephen Creek</i>
<b>Secretary:</b>	<i>Stuart Nicoll</i>
<b>Treasurer:</b>	<i>Craig Worboys</i>
<b>Bowls Director:</b>	<i>Glen Sodatis</i>
<b>Greens Director:</b>	<i>Paul Williams</i>
<b>Property Director:</b>	<i>Mike Hendry</i>
<b>Board Member:</b>	<i>Ian McCahon</i>

## Dates to Remember

All of the following will have relevant information on the noticeboard.

### Important dates

- **Friday 31 August:** Official Green Opening and Sponsors Night, 5:30pm
- **Saturday 1 September:** Intra-club practice and General Meeting
- **Tuesday 4/11/18 September:** Pennant Practice, TBA
  - **Saturday 8 September:** Practice match@ Blackburn Bowls Club
  - **Saturday 15/22/29 September:** Pennant Practice, TBA
  - **Tuesday 25 September:** ROUND 1 of Midweek Pennant
- **Thursday 4 October:** Traditional Team Meeting/Pie night with guest speaker
- **Saturday 6 October:** ROUND 1 of Saturday Pennant

### Opening and Sponsors Night

The official Opening of the Green and Sponsors night is scheduled for Friday the 31<sup>st</sup> of August. Come and enjoy a drink, catch-up with your fellow club mates, and welcome our sponsors for 2018/19. Doors open from 5.15, welcoming at 5.45 for official greens opening and unveiling of new mission statement at 6.10. Finger food will be provided

Please plan to be there **and do everything you can to bring a guest or two.**

### General Meeting

There is a General Meeting to be held at 12.15 PM, Saturday, 1st September 2018. The sole purpose of meeting is to consider and resolve upon a motion to change the End of Financial Year date.

Please advise of your intention to attend or otherwise to Stuart Nicoll (Secretary).

An intra-club practice match commencing at 1.00PM will follow the meeting.

### Indoor Bowls

The final Indoor bowls session for this winter will take place on Monday September the 3<sup>rd</sup>. Cost is \$5 and rollup commences at 7pm All are welcome. If you are interested please contact Sue Collins.

### Woolworths BBQ

Date is still TBC. We are now looking for a date later in the year or early next year. We'll keep you posted on dates. This has been a consistent fundraiser for us in the winter and with 90 minutes shifts it's a pretty relaxed gig.

**Thanks to all those who have paid this year's subs, it is really appreciated by the board.**  
**Any payment of outstanding subs would be greatly appreciated by the board.**  
**Remember "No pay, No play"**

## Burwood District Bowls Club Mission Statement

The President and all Board members have developed a new Mission Statement, which includes guidance on how we should act when we interact with others. We would like your help with this. The spirit of it all is important, but your own sincere words are even more important.

### Burwood District Bowling Club Mission Statement:

***To develop respectful community linked and enjoyable Lawn Bowling, a well-managed Club, greens and facilities.***

- Respect is about considering the rights, preferences and feelings of others. It underpins our relationships with each other, with those who are different to us in any way, and with potential new members.
- The wider community subsidizes our facilities, is a source of sponsorship, and is a reservoir of potential new bowlers.
- We always want to win our matches and games, and our primary objectives are to enjoy playing bowls and to enjoy each other's company.

Please do all that you can to see that each of our own club members has a good time, and generously continue to interact with visitors so that they want to return and to join us.

Some famous examples include:

- OXFAM - "To create lasting solutions to poverty, hunger and social injustice."
- APPLE INC - "To make a contribution to the world by making tools for the mind that advance humankind."

Ian McCahon

Director, Membership and Club Governance

## Coaching Corner

### TRAINING FOR SUCCESS

Three important elements of our great game are attitude, attitude and attitude. How we think about the game, how we regard the club, how we think about selection, our view of ourselves as a Burwood member, as a player, as a team member and as a member of the Side, all will impact the level of enjoyment we take from the game. Importantly it will also impact the level of enjoyment our club mates take from the game.

It is fine to be self-focusing in setting your personal goals. Goals are central to your personal growth in the game, if that is what you seek. Your training regime will derive directly from your goals and should include time training solo, when you can focus totally on the skill of the moment. It should include time with your coach of choice, for development and advancement, for diagnosis, for confirmation and review.

Training among others is no less important. This is the time to apply the skills you have been rehearsing. It is a time for building relationships, for strengthening team bonds. Don't think you have always to get the shot during this time. Pursuit of confident consistency in the execution of a particular skill may mean that you play all four bowls with identical purpose over and over, getting it right, training your muscle memory, grooving the delivery.

The rewards for your attitude to training will be multifaceted. They will be personal because you will know your effort has paid off. They will come in the esteem of your team mates. With the right attitude so much can be achieved.

**Our website has now been updated and given a new look.**

**Please go and check it out and tell us what you think.**

**It can be found at: <http://www.burwooddistrict.com.au>**